

## 3. ENERGY POWER BY DYNAMO

Dynamo, Catharinaplein 21, Eindhoven (City Center) [www.dynamo-eindhoven.nl](http://www.dynamo-eindhoven.nl)

### THE HAPPY SPOT

Dynamo is a creative platform for young talent: a youth center, music venue, gym, workshop area and school all in one. The code word is 'talent development'. And this is done every day due to the work of more than 20 employees, 50 teachers, 25 interns and 300 volunteers. Dance, music, art, culture, sports, new media – it all revolves around *Inspire-Learn-Work* (ILW).

### WHAT MAKES US HAPPY HERE?

You will be surprised by the engaging perspectives and views: the space, the concerts/events, the fitness activities and simply just following your passion. You might even learn more here than you do at school. It's the place to just 'let loose', refuel and meet up with friends.

### THE HAPPINESS TIPS

- **Identity** – what is that? Rocker, gabber, hipster, urban, metal, Dutch, Surinamese, traveler, poet, activist, spectator ... How would you describe yourself? Where do you make a difference with others? To whom or what do you feel connected?
- At this spot, find **a poem or a text**. What exactly appeals to you about it? Sit down at a table and write down the feelings you have at this moment. With whom can you share them with?
- Everything revolves around **'talent' and 'growth'**. Identify at least one talent within yourself as well as in the others of your party. What can you do to further develop that talent?

### EVEN MORE HAPPINESS

The Dynamo Café is an enjoyable meeting place. You can have a tasty lunch here every day from Monday to Thursday, between 12:00 and 13:30. The Dynamo Café is run by passionate young people involved in education- and work-experience programs.

### GOLDEN HAPPINESS TIP

Request your free extra golden happiness tip at the Dynamo reception desk.