

25. The Crossroads of the World

Kruisstraat, Eindhoven (Intersection between the Woenselse Markt and Kruisstraat) (south Woensel)

THE HAPPY SPOT

This is a village within a town. Dating back to 1900, this street and its market were already the backbone of the village of Woensel. Due to recent renovations, this small location has retained its dynamic character in keeping with the thriving community.

WHAT MAKES US HAPPY HERE?

Everything happening here all at once: residing, working, shopping, living. Enjoyable terraces. The market. So many colors, so many people. Always a feeling of vacation. Multicultural atmosphere. The smiles.

THE HAPPINESS TIPS

DISCOVER NEW STORIES

- Stand upon the 'zonne-podium', the raised platform in the shape of a sun, located at the beginning of the Kruisstraat. The platform has 20 points or sun rays. Recall a point in your life, either a small or big moment, when you felt quite **happy**. Take your time relishing that memory. Do you think you can recall 19 more of such moments? What connection do you see between these 20 happy moments?
- Stimulating one's **senses** contributes to happiness. Excite your senses with the tastes and aromas of the exotic shops and eateries along this street. Step inside the Amazing Sang Lee (Woenselse Markt 17), for example.
- Behind each door lies a story. Discovering these **stories** can also bring happiness. For example, wander into 'Boeiende Kunst' (Fascinating Art, Kruisstraat 53), explore the large studio and learn the original story behind this creative shop. Everyone is welcome!

EVEN MORE HAPPINESS

Eindhoven boasts a dozen markets. The biggest and best is the Woenselse Market on the square, every Saturday from 10:00 to 17:00. With more than 500 stalls and an impressively wide range. Here, you can stroll around, buy fresh produce and make small discoveries ... it always makes people a bit happier.

GOLDEN HAPPINESS TIP

Ask for your extra golden happiness tip at the creative shop/studio 'Boeiende Kunst' (Kruisstraat 53).