

## 24. Amandelpark in Vaartbroek

The Amandelpark in Vaartbroek, Mirabellaan 41, Eindhoven (Woensel)

### THE HAPPY SPOT

The benches overlook the Bokkentuin, a small petting zoo with flowers and playground equipment that is part of the larger Amandelpark. This is a neighborhood that was built in the 1960s. The park was redesigned in 2007. Walk through the park and along pleasant streets with names that refer to apples, figs, dates and apricots.

### WHAT MAKES US HAPPY HERE?

The many different types of people here. The animals right in the middle of the neighborhood. The flowers in the park. Feeling at home here. Always finding someone here to chat with. People out walking dogs, and the dogs enjoying the park as much as their owners. A place to treasure.

### THE HAPPINESS TIPS

- A park is not a forest. It is constructed by people. Happiness is also like **a park**, more than a forest. It is something that you construct. Think of two things you could add to your life to make it a bit happier: make your forest into a park.
- Next to the Bokkentuin, find the small monument erected for Louis Buelens. The school is also named after him. In 1960, he made a heroic sacrifice for the city of Eindhoven. At the monument you will find out what he did. What was it? Who do you regard as **a hero**? Who do you look up to? What characteristic do you share with your hero? What more could you do with that special characteristic?
- An art project on the house façades showcases enlarged illustrations of **the core components** characterizing the residents who live on Sonseweg (between numbers 144—314). Illustrations of a deer, a guitar, a sailboat, Elvis ... What three core components would you showcase on your house façade? And what are the core components that characterize the neighborhood in which you live? What more could you do with these elements of both your home and your neighborhood combined?