

2. THE DREAM HOUSE FULL OF HOPE

Het Spoelhuis Inrijkmuseum (historic building), Dommelstraat 2a, Eindhoven (City Center)

THE HAPPY SPOT

Find a moment of calm in the city. Take time out to sit on the bench by the old Spoelhuis, now one of the smallest museums in the Netherlands. For the humanitarian project 'Show Your Hope', hundreds of artists from around the world used the same format to express what hope means for them. All of these works are displayed in the museum. Hope is the strongest force for man and a pillar of happiness. It is a 'looking in' museum because most of the collection can be seen and admired through the windows. For more information, visit www.showyourhope.net.

WHAT MAKES US HAPPY HERE?

A small space in the big city. Walking along the Dommel. A hope-inspired project. Performances in the Effenaar. Music. People from everywhere coming together. The sound of trickling water.

THE HAPPINESS TIPS

QUEST FOR HOPE

- Hopeful people are happy people. Ten works from the unique 'Show Your Hope' international collection hang in the window of the 'looking in' museum. In your opinion, which two works best express the meaning of **hope**? In what area of your life could you turn a 'fear' into a 'hope'?
- The façade of the old linen factory is still in its original form. From the street, look through the windows at the words on the other side of the water (butterflies, envy, sorrow...). Pick out three words that are meaningful to you right now. What are they and why did you choose them? People who can articulate their **feelings**, can also increase their happiness.
- Stand on the bridge over the Dommel. Look downstream. What word do you see on the bridge? The word can refer to **'the endless quest** of man for the original state of unity.' But what exactly does the word mean to you?

EVEN MORE HAPPINESS

- If Martin Voorbij, initiator of the 'looking in' museum and 'Show Your Hope' project is home, you can also enter the museum. Located in the room and in two stacked containers, you will find a popular, low-budget **airbnb accommodation**. International visitors will appreciate their stay amidst the works of art in a real museum.
- At the neighboring **Effenaar**, you can find a quirky array of music performances. The building takes its name from an extension of the old linen factory, but it's also a reference to a night out – "Effe naar..." Treat yourself to a concert.
- Choose a **song** that makes you happy. Share it via social media (along with the words "With greetings from Eindhoven") with your friends and ask for their response. Which songs make them happy, and why?