

# 11. The Flying Stones at Pand P

Pand P, Leenderweg 45, Eindhoven. Open daily from 11:00 to 23:00. [www.pand-p.nl](http://www.pand-p.nl) (Stratum)

## THE HAPPY SPOT

Formerly the Plaza Futura cinema, this location features a wonderful 'homey' environment welcoming many through its doors – local residents, artists, children, creativity-seekers, the curious, theater-makers, peace-seekers and dreamers. Heavy stones become suddenly lighter here — originally designed as stylized crows, you can even see them fly.

## WHAT MAKES US HAPPY HERE?

The great variety of people. Every day, something different happens here. Performances by amateur groups, an open stage, truly a neighborhood theater. This place gives life to the neighborhood. The flying stones at sunset. 'Minimize the obstacles? Here there are simply no obstacles.' Here is where you feel right at home.

## THE HAPPINESS TIPS

- Outside, look down at the ground and pick out two large stones that represent problems (major or minor) in your life. What makes those problems so burdensome for you? Now look above you at the **sky full of flying stones**. What can you do to lighten the load of these two problems? Who can help you?
- Take a seat at the **large reading table**. Watch and listen. Who are the people coming and going? What possibilities exist here for you to do ? What can you do in your life to make it more creative?
- This place brings the neighborhood together and thrives thanks to the help of **many volunteers**. Find out exactly what they do here. What type of volunteer work can you do in your own neighborhood?

## EVEN MORE HAPPINESS

Look around the neighborhood and find the **large "Welcome to the Future" mural** (Aalsterweg 22).

How many things from Eindhoven do you recognize in this mural? Imagine for a moment that you could create a mural of your own life. What five things would you be sure to include?

## GOLDEN HAPPINESS TIP

Get your free golden happiness tip at **the old barbershop** 'Old Barber Station' (Aalsterweg 6).